

Cultivating Inclusion in the Workplace

Explore new videos each day that can be completed in around 5 minutes.
Don't worry if you miss a day — you can always catch up tomorrow.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Challenge starts tomorrow!</p>	<p>Understand Cultural Diversity in the Workplace (4m 50s)</p>	<p>Fundamentals of an Inclusive Mindset (4m 48s)</p>	<p>Activity: What was the biggest takeaway you learned about having an inclusive mindset?</p>	<p>Importance of Gender-Neutral Language (3m 19s)</p>
<p>Acknowledge LGBTQ+ Workplace Barriers (4m 40s)</p>	<p>Avoid Microaggressions (3m 41s)</p>	<p>Practicing Patience for Empathetic Inclusion (5m 29s)</p>	<p>Activity: What are the most impactful ways you think you can practice patience in your interactions in the future?</p> <hr/> <hr/> <hr/>	
<p>Building a Foundation for Safe Spaces (2m 40s)</p>	<p>Activity: What are the top 3 takeaways from the videos you've explored?</p>	<p>Diversity Topics Can be Polarizing (3m 48s)</p>	<p>Perception vs. Reality: Time to Elevate the Playing Field (1m 25s)</p>	
<p>The INCLUDE Model (1m 51s)</p>	<p>Activity: List the 2-3 learnings you can put into action in your workplace.</p> <hr/> <hr/> <hr/>			